Meeting Places

Oct - Dec 2026



Forthcoming Group Itinerary

Every Friday
1pm – 3pm

(Please arrive no earlier than 10 minutes before the meeting start times)

BOREHAMWOOD WELLBEING CENTRE
10, Leeming Road,
Borehamwood, Herts, WD6 4DU

16th Oct	**Positive Affirmation Collage Craft**
23rd Oct	**Quiz**
30th Oct	**Whodunnit? Halloween themed murder mystery**
6th Nov	**"Remember, Remember" Resilience jar craft**
13th Nov	**"Guess Who" music appreciation**
20th Nov	**Decorating Wellbeing Boxes**
27th Nov	**Filling Wellbeing Boxes**
4th Dec	**Speed Friending**
11th Dec	**Board Games**

Email: meetingplaces@hertfordshiremind.org
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