# Meeting Places

**Oct - Dec 2026**



## Forthcoming Group Itinerary

## Every Thursday
## 11am – 1pm

(Please arrive no earlier than 10 minutes before the meeting start times)

**LETCHWORTH WELLBEING CENTRE**
28, Broadway, Letchworth,
Herts, SG6 3AA

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| **15th Oct** | **“Guess Who” Music Appreciation** |
| **22nd Oct** | **Scattegories game** |
| **29th Oct** | **Whodunnit? Halloween themed murder mystery** |
| **5th Nov** | **“Remember, Remember” Resilience jars craft** |
| **12th Nov** | **Mindfulness session** |
| **19th Nov** | **Decorationg Wellbeing Boxes** |
| **26th Nov** | **Filling Wellbeing Boxes** |
| **3rd Dec** | **Card Games** |
| **10th Dec** | **Show and Tell** |

**Email:** meetingplaces@hertfordshiremind.org
**Website:** www.hertfordshiremind.org
**Phone:** 0203 727 3600

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