Meeting Places

Oct - Dec 2026



Forthcoming Group Itinerary

Every Tuesday 4pm - 6pm

(Please arrive no earlier than 10 minutes before the meeting start times)

13th Oct	Show and Tell / Game Show Quiz
20th Oct	Board Games
27th Oct	Music (pick from the hat)
3rd Nov	Random
10th Nov	Quiz
17th Nov	Arts and Crafts
24th Nov	At My Best with a Twist
1st Dec	Team Building
8th Dec	Wellbeing Discussion
15th Dec	Music (pick from the hat)
22nd Dec	Christmas Party

WATFORD WELLBEING CENTRE

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