Meeting Places



Weekly Groups

(Please arrive no earlier than 10 minutes before the meeting start times)

Mondays

Wellbeing Group - 1pm - 2:30pm

Tuesdays

Games Group - 1pm - 2:30pm

Wednesdays

Creative Group - 10am - 11:30am

- Music 25th Nov
- Creative Writing 2nd Dec
- Art 9th Dec
- Music 16th Dec
- Creative Writing 23rd Dec

ST ALBANS WELLBEING CENTRE

11 Hatfield Road, St Albans, Hertfordshire, AL1 3RR

Email: meetingplaces@hertfordshiremind.org
Website: www.hertfordshiremind.org
Phone: 0203 727 3600

mind Hertfordshire