Meeting Places



Weekly Groups

(Please arrive no earlier than 10 minutes before the meeting start times)

Mondays	Wellbeing Group - 1pm - 2:30pm
Wednesdays	Chat & Chill - 10am - 11:30am
Wednesdays	Decluttering - Mind Over Matter 1pm - 2:30pm
Thursdays	Art & Craft - 10am - 11:30am

STEVENAGE WELLBEING CENTRE
Daneshill House, Danestrete, Stevenage,
Hertfordshire, SG1 1HN
(Access via Danesgate Road)

Email: meetingplaces@hertfordshiremind.org
Website: www.hertfordshiremind.org
Phone: 0203 727 3600

mind Hertfordshire